

SEED SYLLABLES & MANTRAS FOR WHITE TARA  
PRACTICE



*DRUNG*



*PAM*



*TAM*



*HA*



| *OM*



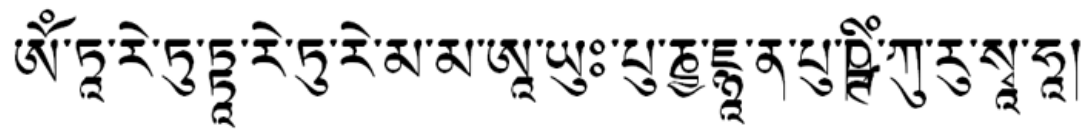
*AH*



*HUNG*



*OM TARA TUTTARE TURE SOHA*



*OM TARE TUTTARE TURE MAMA AYUH PUNYE JNANA PUKTIM  
KURU SOHA*